



What's working

What's not working

Eliminate

Add/Projects

Living Room: Phase 1

Declutter

Do I love it?
Do I use it or will I use it in the next 6 months?
Do i have duplicate?
Is this worth keeping?

Homework

1. Set up your trash bag, maybe bin, rehome bin, and donation box.
2. Throw away all trash, broken items, duplicates, obvious
3. Declutter surfaces (use your maybe bin if you are unsure)
4. Address the floor, behind and under furniture.
5. Purge bookshelves
6. Media cabinets, movies, electronics, games
7. Decor, wall art, accessories, furniture

Notes

Living Room: Phase 1

Organize

What clutter needs a solution?
How will I keep this space clutter-free?
Do we have a designated drop zone?

Homework

1. Create a system for clutter
2. Organize cords and remotes
3. Use bins to sort like items
4. Collect all movies and games. Consider organizing alphabetically
5. Leave a basket to collect random toys, etc.
6. Create a drop zone or use a bowl to collect wallets, keys, etc

Common Clutter:

Laundry, Entry, Toys, Books, Media, Life

Notes

Living Room: Phase 1

Clean

Start Laundry
Create a cleaning caddy
Work from top to bottom
Note any repair or maintenance needs

Homework

1. Dust upper corners
2. Wipe Blinds & Clean Windows
3. Shampoo Rugs
4. Dust Furniture (Don't forget underneath)
5. Vacuum under cushions
6. Door Frames & Baseboards
7. Wash Sheets, Pillows, Curtains

Notes

Living Room: Phase 1

Undecorate

Sketch out your floor plan on a sheet of paper
Identify the focal points of the room
Decorate in order
Look to Pinterest for inspiration

Homework

1. Create floor plan
2. Floors & Rugs
3. Windows
4. Fabrics
5. Lighting
6. Walls & Wall art
7. Accessories

Notes

Living Room: Phase 1

Finish

Sketch out your floor plan on a sheet of paper
Identify your focal points
Decorate in order

Homework

1. Throw away trash
2. Drop off donations/ Errands
3. Rehome all items
4. Write to-do list
5. Journal & Reflect

Notes

Living Room Homework

Checklist

1 Declutter

Set up your trash bag, maybe bin, rehome bin, and donation box.
Throw away all trash, broken items, duplicates, obvious
Declutter surfaces (use your maybe bin if you are unsure
Address the floor, behind and under furniture.
Purge bookshelves
Media cabinets, movies, electronics, games
Decor, wall art, accessories, furniture

2 Clean

Dust upper corners
Wipe Blinds & Clean Windows
Shampoo Rugs
Dust Furniture (Don't forget underneath)
Vacuum under cushions
Door Frames & Baseboards
Wash Sheets, Pillows, Curtains

3 Organize

Create a system for clutter
Organize cords and remotes
Use bins to sort like items
Collect all movies and games. Consider organizing alphabetically
Leave a basket to collect random toys, etc.
Create a drop zone or use a bowl to collect wallets, keys, etc

4 Undecorate

Create floor plan
Floors & Rugs
Windows
Fabrics
Lighting
Walls & Wall art
Accessories

5 Finish

Throw away trash
Drop off donations/ Errands
Rehome all items
Journal & Reflect