

# MOM'S CHILI



8 SERVINGS



PREP TIME:  
20 MIN



COOK TIME:  
1 HOUR

## INGREDIENTS:

2# ground beef  
1 onion, chopped  
1 green pepper, chopped  
minced garlic  
16 oz stewed tomatoes  
1 can tomato soup  
16 oz tomato sauce  
16 oz kidney beans, drained  
1 Tbs chili powder  
1 Tbs Italian spices  
2 Tbs brown sugar

## DIRECTIONS:

Brown the ground beef and cook with onions and peppers until down. Drain. Add in all other ingredients and cook on low 45 min-60 min. The longer you let it simmer the better.

Serve with cheddar cheese, cornbread, cinnamon rolls, corn chips, sour cream, radishes, avocado, etc.

For an extra fall fix, add in a chopped sweet potato.

